

HSCI 3505: Social Determinants of Health and Wellness

Spring 2023

CRN: 20743

Credit Hours: 3

Contact Hours: 3-0-3

DESCRIPTION

This is an 8-week course (March 2 - May 1). This course engages students in critical analyses of contemporary cultural and sociological issues and their interaction on the health and wellness (physical, social, emotional, psychological) of individuals and society as a whole. Students will actively examine contemporary societal issues from multiple vantage points in order to better understand their complexities and the impact they have on the well-being of all.

CONTACT INFORMATION

Instructor: Ms. Sasha McBurse, MS, ACSM-CEP, EP

Email: smcburse@highlands.edu

Office: Online only (Zoom or Google Meet)

Phone: 762-323-1421 *this number can receive calls and text messaging*

Office/Student Hours: Email or phone only, Monday-Friday 8:00 a.m. to 5:00 p.m.

MEETING TIMES

This course meets 100% online using features of Desire2Learn (D2L). There are no face-to-face meetings. Lecture content will be delivered online via (D2L). Students must have good computer skills, updated computer software, reliable internet access, and a webcam. **Students must log into the course via D2L before 11:59 p.m. on March 5, 2023 or be subject to administrative withdrawal from the course.**

REQUIRED MATERIALS

All course materials for each module can be found on the following LibGuides page: <https://getlibraryhelp.hi>

STUDENT LEARNING OUTCOMES

The student will:

1. identify common social determinants of health (Healthy People 2030)
2. define equity and equality in health and policy (Ratcliff, K. (2017). The Social Determinants of Health: Looking Upstream)

3. describe psychological and emotional aspects of determinants of health (Smalley, K. B., Warren, J. C., & Fernández, M. I. (2020). Health equity: A solutions-focused approach)
4. examine current models and theories of social determinants of health (CHES 5.1); (Smalley, K. B., Warren, J. C., & Fernández, M. I. (2020). Health equity: A solutions-focused approach)
5. explain the impact of discrimination, racism, and prejudice, on health outcomes (Smalley, K. B., Warren, J. C., & Fernández, M. I. (2020). Health equity: A solutions-focused approach)

EVALUATION

Type/Assignment	Weight
Syllabus Quiz/Intro Video	3.23 %
Discussions	19.35 %
Exams	45.16 %
Social Determinants Project	32.26 %

This course is out of **310 points**. Students will be graded using the following scale:

A = 90-100%

B = 80-89.9%

C = 70-79.9%

D = 60-69.9%

F = 59.9% and below

A	279 - 310 points
B	248 - 278.9 points
C	217 - 247.9 points
D	186 - 216.9 points
F	Below 186 points

ASSIGNMENTS

*Always refer to D2L for additional assignment details and due dates. Information subject to change.

Assignment	Course Objective	Points	Assessment Tool	Due Date
Syllabus Quiz	N/a	5	Answer Key	March 5, 2023
Intro Video	N/a	5	Rubric	March 5, 2023
Discussions	1-5	5 @12	Rubric	See D2L calendar

SDOH Project	1-4	100	Rubric	See D2Lcalendar-multiple submissions
Exam #1	1-5	60	Answer Key	May 6, 2022
Exam #2	1-5	80	Answer Key	May 5, 2023

COURSE POLICIES

Attendance

In order to distribute Title IV funding (federal student aid), student attendance verification is required. **Students must complete the Introduction Video AND Syllabus Quiz to be considered as attending class. These assignments are due by Sunday, March 5th at 11:59 p.m. EST.** Students who do not complete them will be dropped from the class for non-attendance. Students who add classes during drop/add are responsible for ensuring that they are verified as being in attendance by contacting the course instructor.

Students who commit to this course agree to the following responsibilities:

- I. Log in to the course on D2L daily (Monday-Friday) *some assignments are due on the weekends.
- II. Check D2L email and highlands.edu email daily (Monday-Friday).
- III. Complete roll verification assignments by March 5, 2023.
- IV. Submit appropriate documentation of absence(s) to the Absence Verification dropbox in D2L and notify the instructor email prior to the absence.

a. School sanctioned events and military duty will be excused.

b. Medical, legal, and other unforeseen emergencies may be excused (but are not guaranteed) based on the instructor's discretion.

School sanctioned events do not count toward absences if approved in advance with proof of the event. You are responsible for all information, assignments, announcements, and changes in the course content that may occur in your absence.

Participation and Preparation

Your attentiveness and engagement in all course activities is required. Active participation is critical for success in this class. Students are expected to read course materials before each assignment and/or assessment.

Late Work

Late work is not accepted for partial credit.

- I. II. If a student has a conflict with a deadline, it is their responsibility to contact the instructor before the assignment deadline.
- II. If an unforeseen emergency has occurred, it is the student's responsibility to communicate with the instructor and provide written verification in a timely manner. The instructor holds the right to request specific forms of verification (i.e. physician's note verifying appointment and treatment on a specific date and time). All verification must be submitted to the Absence Verification dropbox for review. At that time, alternative arrangements are not guaranteed but may be made at the instructor's discretion.

Communication Rules

For main communication with the instructor, please email the instructor. The highlands.edu email is the best email tool. You must add your course ID and title in the subject, or you may not receive a response. As future professionals, students are expected to communicate, both written and verbally, professionally, and with proper grammar and punctuation. Failure to speak and write professionally, with proper grammar and punctuation, will NOT yield a response from the instructor.

Please use the following format when writing and sending emails to your instructor.

- I. Include a greeting and the instructor's name
- II. Include a subject that reflects the reason for the email
- III. State the name of the course that you are currently taking
- IV. If referencing an assignment, include the specific name of the assignment
- V. Include an appropriate closing

Netiquette

Netiquette is the practice of etiquette in an online environment. The following list of netiquette rules are based on Virginia Shea's book [Netiquette](#).

- Remember you are communicating with humans. Follow the "Golden Rule", always.
- Be ethical in all your behaviors. Just because it's an online class doesn't mean that you do not have to follow common courtesy rules.
- This is an online class, a place of education not your Facebook or Twitter page. Use the appropriate language and grammar.
- Be respectful of your classmate's time and bandwidth. Keep postings and other communications to the point, no rambling. Do not post large files that can require excessive download time.
- Use Reply All sparingly. If the comment does not reply to the whole group, then do not send it to the whole group.
- Pay attention to the comments and information you send and post. Re-read what you have written to make sure it makes sense, contains no spelling or grammar issues. Making postings from your cell phone is not a good idea.
- Absolutely no profane language or bullying.
- If you have something to offer in a discussion, don't be afraid to share it in a polite and professional way.

IMPORTANT DATES

March 2nd- First day of 2nd 8-week classes

March 5th- Roll verification due (syllabus quiz/introduction video)

March 6th- Last day to Add or Drop 2nd 8-week classes, Registration for Summer 2023

March 16th- Early Alert Progress Report

March 29th- Exam #1

April 3rd-April 7th- Spring Break

April 10th- Last day to withdraw from 2nd 8-week classes without penalty. Withdrawal after this date results in a grade of WF. If a student cannot complete the semester based on legitimate reasons, the student can apply for a hardship withdrawal. Registration for Fall 2023.

May 1st -Last day of 2nd 8-week classes

May 5th -Exam #2

COURSE SCHEDULE

*Class Schedule Information (tentative and subject to change per instructor)

Dates	Topic	Tasks/Assignments
March 2 - March 5	Introduction/Syllabus	Review Syllabus and Orientation Module. Introduction Video AND Syllabus Quiz due in D2L by Sunday 3/5 at 11:59 p.m. EST These are Roll Verification Assignments.
March 6 - March 12	Health Equity/ Discrimination and Health	Review Modules 1-2. Discussion #1 post due by Thursday 3/9 and response due by Sunday 3/12 at 11:59 p.m. EST
March 13 - March 19	Cultural Competency and Minority Health Profiles	Review Modules 3-4. Discussion #2 post due by Thursday 3/16 and response due by Sunday 3/19 at 11:59 p.m. EST Part I of Project due Sunday 3/19 at 11:59 p.m. EST
March 20 - March 26	Health Disparities and LGBTQ Health	Review Modules 5-6. Discussion #3 post due by Thursday 3/23 and response due by Sunday 3/26 at 11:59 p.m. EST
March 27 - April 2	Exam #1 and Project Part II	Exam #1 due by Wednesday 3/29 at 11:59 p.m. EST Part II of Project due Sunday 4/2 at 11:59 p.m. EST
April 10 - April 16	Children's Health, Rural Health, Immigrant and Refugee Health	Review Modules 7-8. Discussion #4 post due by Thursday 4/13 and response due by Sunday 4/16 at 11:59 p.m. EST Part III of Project due Sunday 4/16 at 11:59 p.m. EST

April 17 - April 23	Neighborhood/Housing and Health	Review Modules 9-10. Discussion #5 post due by Thursday 4/20 and response due by Sunday 4/23 at 11:59 p.m. EST Part IV of Project due Sunday 4/23 at 11:59 p.m. EST
April 24 – April 30	Social Support/Employment and Health Final (Recorded) Presentation	Review Modules 11-12. Final Presentation due Sunday 4/30 at 11:59 p.m. EST
May 5	Exam #2	Exam #2 due May 5 by 11:59 p.m. EST

INSTITUTIONAL POLICIES

Campus Carry

Sources: https://www.usg.edu/news/release/guidelines_for_the_implementation_of_house_bill_280

Georgia Highlands College is committed to providing a safe environment for students, employees, and campus visitors, while respecting the rights of individuals who are licensed to carry a concealed handgun as permitted by Georgia state law in regards to House Bill 280, commonly known as the “campus carry” legislation, effective on July 1, 2017. It will be the responsibility of those license-holders who choose to carry concealed handguns on campus to know the law and to understand where they can go while carrying.

No. HB 280 prohibits handguns in rooms and spaces that are being used for classes in which high school students are enrolled. (Instructors can find this information in Banner.) It does not prohibit license-holders from carrying concealed handguns in other areas where those high school students may go while on campus.

COVID-19

GHC Campus Guidelines

Please visit the FAQs page for more information and details. [On this page, you will find a full list of FAQs](#). If you have additional questions not answered there, reach out to hr_covid19@highlands.edu

Disability Statement

Your experience in this class is important to me. If you have already established accommodations with the Student Support Services Office of Disability Access, please provide your accommodation notice to me at your earliest convenience so we can discuss your needs in this course. If you have not yet established services through Disability Access, but want to request accommodations due to a disability. Accommodations may be requested (such as providing materials in alternative formats, assuring physical access to classrooms or being sensitive to interaction difficulties that may be posed by communication and/or learning disabilities) through Student Support Services on all campuses. Contact the campus Disability Access Office via email at disabilityaccess@highlands.edu It is important to Georgia Highlands College to create inclusive and accessible learning environments consistent with federal and state law. (Updated Fall 2022)

Early Alert Program

Georgia Highlands College requires that all faculty members report their students' progress throughout the course of the semester as part of the institution-wide Early Alert Program (EAP). The objective of the program

is to support academic success by reviewing early indicators of student progress. In accordance with EAP, faculty members provide the Registrar's Office and Academic Success Center with academic reports of each student enrolled in their course(s) at checkpoints staggered throughout the semester. The following success factors are reported at their corresponding checkpoint:

- Week 2: Notification of Non-attendance (Registrar via Score)
- 40% mark of term: Navigate Student Progress Report (Academic Success Center via Navigate)

(Updated Fall 2022)

Early Grades

Source: GHC Intranet > Faculty > Policies and Procedures > Academic Course Syllabus Guidelines

GHC offers a variety of part-of-term classes to allow our students to have flexible schedules. However, there are only three Semesters each year; Spring, Summer and Fall. It is only at the end of each Semester that grades are rolled to academic history and available on the official transcript. After each part-of-term, as soon as Instructors have entered grades, they may be viewed online by logging into the SCORE. Transcripts may also be requested at any time by logging into the SCORE. Prior to the end of term, should a student need an early grade letter sent to another institution they may [complete the request form](#) and submit it to the Registrar's Office for processing. Please contact the Registrar's Office at registrar@highlands.edu if you need any assistance.

(Updated Fall 2022)

Extended Absence

Source: Attendance Policy

Students who have circumstances that prevent them from attending class over an extended period may petition the instructor for permission to complete assignments in absentia. It is the student's responsibility to contact the instructor and provide any requested documentation. The decision to accept work in absentia rests with the instructor. If the absences will constitute more than 15% of the class meeting time for the term, then written permission from the Division Chair is required before assigning a final grade for the course. The Office of Academic Retention and Resources should be notified of the extended absence arrangement. All approved coursework must be completed by the end of the semester in which the course began.

(Updated Spring 2023)

Financial Aid

Source: GHC Intranet > Faculty > Policies and Procedures > Academic Course Syllabus Guidelines

This message applies only to students receiving financial aid: Federal regulations state that if a student did not attend classes and received failing grades, then the grades were not earned and financial aid needs to be reduced accordingly. Please be advised that any student receiving a 0.00 GPA will be required to prove that the 0.00 GPA was earned by attending classes or completing requirements for each class. Students who have earned at least one grade for the semester will not be affected by this regulation. If a student has properly withdrawn from all classes, the student's financial aid should be adjusted from the time they signed the withdrawal form.

(Updated Fall 2022)

Inclement Weather

Source: GHC Intranet > Human Resources > Policies

When inclement weather creates a condition under which there might be a question of whether the College will operate on a normal basis, the President, or a designated official will release to each campus and local news media a statement concerning the College schedule. If the weather condition occurs during working hours, the statement will be released through normal distribution channels on campus. Media statements regarding the college's schedule may also be distributed through the school website, [GHC Notify](#), or on local radio and television stations. To be prepared, consider the different ways to sign up for inclement weather notifications with GHC Notify. It is assumed that all distance-learning courses are considered accessible even during periods of inclement weather.

(During this time, instructors should communicate their expectations with students through email or d2l.)

Incomplete and Unearned F

Source: GHC Intranet > Faculty > Policies and Procedures > Grade of Incomplete Policy

Incomplete:

A grade of Incomplete indicates that a student who is performing satisfactory work is unable to meet the full course requirements for non-academic reasons beyond the student's control. An "I" must be removed within two semesters of residence, or one calendar year, whichever is shorter, or it will automatically become an F. An "I" grade is not given in Learning Support courses. An "I" grade is assigned through the Incomplete Grade form. Faculty access the form through the GHC Intranet:

https://www.highlands.edu/facultystaff/?_ga=2.26859327.361760660.1656334467-368854907.1650991830

Instructor and student must sign the form before it is submitted by the instructor to the Registrar's Office.

Arrangements for the removal of an "I" should be made with the instructor during the semester immediately succeeding the semester in which the "I" was awarded. Students cannot re-register for a class in which an "I" has been given. All grade change requests must be made within two semesters of residence following the semester during which the course was taken, or one calendar year, whichever is shorter. After this time, any grade change request must be made through the Office of the Provost and Chief Academic Officer.

F\$ – This symbol is for an unearned F (F\$% is for an unearned F in a Learning Support class), which indicates that the student stopped attending class and did not fill out appropriate paperwork to withdraw. This grade is computed in the grade point average as an F. For students with financial aid, federal regulations state that if a student stopped attending classes and received all failing grades, then the grades were not earned and aid needs to be reduced accordingly. Students who have earned at least one grade for the semester will not be affected by this regulation. If a student has properly withdrawn from all classes, the student's financial aid should be adjusted from the time they signed the withdrawal form.

(Updated Fall 2022)

Student Code of Conduct and Academic Integrity

Source:

<https://sites.highlands.edu/student-engagement/student-rights-and-responsibilities/>

The [*Student Code of Conduct and Academic Integrity Code*](#) outlines the behaviors and actions that are prohibited and outlines the procedures for adjudicating them. Georgia Highlands College seeks to promote and ensure academic integrity on its campuses. Adherence to the principles of academic integrity ensures students are provided opportunities that foster their academic growth.

Students are expected to complete all work without cheating, lying, plagiarizing, stealing, receiving or giving unauthorized assistance. Students with questions about any of these policies or definitions should seek clarification from their instructor, the Chair or Dean of their Department/School or the Provost and Chief Academic Officer.

The faculty should list of their expectations about academic integrity. Here's one example: Cheating is strictly prohibited. Any evidence of cheating or collaboration in cheating will result in a zero on the assigned materials and possible further disciplinary actions, which may include failure in the course. Behavior that may be perceived as cheating includes, but is not limited to:

- Talking during an exam
- Looking in the direction of or copying off another student's exam
- Fumbling through a backpack, purse, etc. during an exam
- Use of unauthorized notes, textbooks, materials during an exam
- Use of a cell phone or electronic device during an exam
- Copying laboratory data, laboratory reports, graphs, etc. from another student Any appearance of cheating will be regarded as cheating.

Tobacco-Free Campus

Source: GHC Intranet > Faculty > Policies and Procedures > Academic Course Syllabus Guidelines

Georgia Highlands College prohibits the use of tobacco products on any property owned, leased, or controlled by GHC. All faculty, staff, students, visitors, vendors, contractors, and all others are prohibited from using any tobacco products (i.e., cigarettes, eCigarettes, cigars, smokeless tobacco, snuff, chewing tobacco, etc.) while on GHC property.

Withdrawal Policy

Source: GHC Intranet > Faculty > Policies and Procedures > Academic Course Syllabus Guidelines

Students who wish to withdraw officially from a course after the drop/add period ends and before the last date to withdraw with a W may do so in any campus office or online using the SCORE. The student will receive no refund for dropping a course. Those who withdraw before the last date to withdraw with a W will receive a W (withdrawal without penalty). Withdrawals without penalty will not be given after the midpoint of the total grading period (including final examinations) except in cases documented as hardship. Abandoning a course instead of following the official drop procedure will result in a grade of F or F\$ at the end of the course.

In order to drop a class after mid-semester without penalty, a student may apply for a hardship withdrawal. The [Hardship Withdrawal Application Form](#) is available in the Office of the Provost and Chief Academic Officer or from any other Administrative office at any campus location and on the linked website. Dropping after mid-

semester is not allowed unless the student presents documentation of extenuating circumstances, and the hardship is approved by the Provost and Chief Academic Officer. If the hardship is not approved by the Provost and Chief Academic Officer, the student will receive the course grade earned. If the hardship is approved, the student may receive a W. The possibility that a student may fail a course after mid-semester will not be considered a hardship. While a hardship withdrawal may help a student's academic status (GPA) it could still have an adverse effect on the student's financial aid. For further information on Satisfactory Academic Progress (SAP), refer to the policy that is found on the [Financial Aid website](#). (Updated Fall 2021)

ADDITIONAL SERVICES

Counseling Support

We offer a variety of services designed to assist students with making decisions and adjusting to college life as well as resources designed to support student success.

Disability Access

We are committed to providing students with disabilities access to our campuses' resources and opportunities to obtain a quality educational experience at GHC.

Career Services

We can help you navigate opportunities that might otherwise get passed up and help you prepare for your job search and career success beyond graduation.

Career Clothes

Closet Students in need of appropriate professional attire may visit any of the Career Clothes Closets located on the Cartersville and/or Paulding sites to select and keep relevant items.

Food Pantry

Food and toiletry items are available at all Georgia Highlands College Food Pantry locations to members of our GHC community.

Thrive@GHC

Thrive@GHC, provided through [Christie Campus Health](#), gives students 24/7 access to counselors and mental health resources, such as:

- Headspace (Mindfulness & Meditation app)
- Togetherall, an online peer-to- peer platform
- Psychiatric services

Desire-2-Learn

D2L (Desire-2-Learn) is an online learning management system for your classes. Each semester's course offerings can be accessed in D2L by registered GHC students on the first day of the course, and not before, as published on your SCORE schedule. Changes during the Drop/Add period may take 24 to 48 hours to show in D2L. If you are new to D2L or need a refresher, please use the [GHC Student D2L Video Tutorials](#) to help you learn about D2L's tools and features.

Your instructor is required to post the course syllabus and grades in D2L. They may also post the syllabus on their faculty webpage. Some faculty use D2L to post assignments, announcements, discussions, textbook

material links, and other class-related material, as well as quizzes or exams. Be sure that you understand how D2L will be used in each of your courses.

D2L Help

If you have difficulty with any content item, quiz, discussion, or assignment, you should first contact your instructor. If you are experiencing trouble with the D2L system, please submit a GHC IT help request by completing the [Need IT Help?](#) form. In your request, include your last name in the Subject line.

Sample of a Good Email Help Request

Subject: D2L Quiz error-Lavar

Content: I was taking Quiz 1: Chapter 1 in my GHHU 2901 / C3 Special Topics: Humanities (CRN 81112) course, and my Internet connection was lost. What should I do? My instructor is Mr. Bolt Charger.

Sample of a Poor Email Help Request

Subject: D2L Issue

Content: I need help with a quiz in my course. My Internet is down.

(Updated Fall 2022)

Student Support Services

Georgia Highlands College provides career services, counseling, disability support, and a food pantry on every site* to its students. Other services include a Nursing Mother's room, and professional clothes closet. Please visit the Student Support Services website for more information about these services

<https://sites.highlands.edu/student-support-services/> Our Virtual Hub hours are on Tuesdays, 1:00-1:30 pm and Thursday from 10:00-10:30 am.

(Updated Fall 2022)

Technology Assistance and Help Desk Ticket

If you have technology questions, GHC Information Technology is available to answer them. Contact GHC IT to create an IT service ticket by filling out the form at [Need IT Help?](#)

Or contact GHC IT by phone at (706) 295-6775.

While you can stop by one of our offices, using the ticketing system is the best way to set up an appointment with a GHC IT professional staff member.

The hours and locations are: Monday - Thursday 8:00am - 5:30pm

Friday 8:00am - 12:00pm (remote operations only)

ITS Locations:

Cartersville Suite 171

Marietta Office N50024

Floyd Suite W-100

Paulding Bagby Office 402a

(Updated Fall 2022)



School of Health Sciences • Department of Kinesiology and Wellness

Testing Center

Georgia Highlands College has five testing locations in Northwest Georgia. Testing is by appointment only. Please visit [Testing Center Website](#) for more information and to schedule testing. Students who are eligible for special accommodations when testing should contact the Disabilities Support Services specialist at their campus to arrange a special accommodation testing appointment.
(Updated Fall 2022)

Tutorial Center

The purpose of the Georgia Highlands College Tutorial Center is to help students to improve their academic skills and succeed in their chosen college curriculum. The staff of the Tutorial Center is dedicated to helping students acquire the skills to become independent learners and enhancing the education received by students in the classroom. Tutors do not grade papers or in any way substitute for classroom instruction and course instructors provide the standard for grading.

The [Tutorial Center](#) provides tutorial services to all GHC students. Face-to-face tutoring in Math, English, Reading, and some Sciences is available to all currently enrolled students. Tutoring hours are offered on the Rome, Cartersville, Marietta, Paulding, and Douglasville sites. No appointment is necessary. Drop by one of our centers during the hours posted here and see a tutor today.

Academic help services will be conducted in-person and online through Zoom. Students can make appointments with the Tutorial Center and the Writing Center using Navigate. One-on-one sessions will be available for math, science, English, and many other classes. For more information, visit [Tutoring Center](#), [Writing Center](#), or [STEM411](#).